



Physical Education Overview at King's Academy Binfield and King's Academy Oakwood

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
EYFS	Gymnastics, Dance, Movement Development, Fun & Games, Ball Skills, Fitness					
YEAR 1	Indoor Gymnastics	Indoor Dancing	Indoor Yoga	Indoor Health & Fitness	Indoor Athletics	
	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf
YEAR 2	Indoor Gymnastics	Indoor Dancing	Indoor Yoga	Indoor Health & Fitness	Indoor Athletics	
	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf
YEAR 3	Indoor Gymnastics	Indoor Dancing	Indoor Yoga	Indoor Health & Fitness	Indoor Athletics	Outdoor Orienteering
	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf
YEAR 4	Indoor Gymnastics	Indoor Dancing	Indoor Yoga	Indoor Health & Fitness	Indoor Athletics	Outdoor Orienteering
	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf
YEAR 5	Indoor Gymnastics	Indoor Dancing	Indoor Yoga	Indoor Health & Fitness	Indoor Swimming	Outdoor Orienteering
	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf
YEAR 6	Indoor Gymnastics	Indoor Dancing	Indoor Yoga	Indoor Health & Fitness	Indoor Athletics	Outdoor Orienteering
	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Invasion Games</i> Football, Tag Rugby & Netball	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Multi Skills/ Invasion Games</i> Netball, Basketball, Hockey	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf	Outdoor <i>Net & Wall/ Strike & Field</i> Cricket, Tennis & Golf